

Muhammad Arshad Raouf

Resume Highlights:

- ✓ Advance Diploma in Clinical Psychology (ADCP)
- ✓ Bs (Hones) psychology.
- ✓ Areas of Interest: Psychotherapy, Assessment, Training, art therapy, painting, drawing, traveling and photography.

Contact Details:

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ACADEMICS

Year of Passing

❖ Advance Diploma in Clinical Psychology University of the Punjab Lahore	2021
❖ Bs honors in psychology University of Sargodha Lahore campus	2017
❖ Intermediate (FSc pre-medical) Govt. College for boys Kot Radha Kishan Kasur.	2012
❖ Matriculation Govt. boys high school no. 1 Kot Radha Kishan Kasur.	2009

PERSONAL INFORMATION

Father's Name	Muhammad Younas Kamal
Date of Birth	27 December ,1992
Marital Status	Single
Nationality	Pakistan
Domicile	Kasur Punjab

PROFESIONAL EXPERIENCE

Supervised clinical trainings

Trainee clinical Psychologist at Living Institute of Slow Learners University of the Punjab Lahore.

- Conducted assessment and devised diagnosis for child clients.
- Devised management plans as per need.
- Developed individualized educational plans for the children in need.
- Behavioral management.

Trainee clinical Psychologist at Punjab Institute of Mental Health Lahore.

- Adult clients handling.
- Diagnosis and formation of appropriate management plan.
- Worked at drug rehabilitation ward.
- Dealt with clients having both neurosis and psychosis.

Trainee child psychologist, fountain house Lahore.

- Conducted psychotherapy with patients presenting with clinical disorder.
- Performed diagnostic assessment interviews and psychometric tests.
- Documentation of treatment reports and presentation of cases.

Trainee adult psychologist, fountain house, Lahore.

- Conducted psychotherapy with clients presented with clinical disorders.
- Performed diagnostic assessment interviews and psychometric tests.
- Documentation of treatment reports and presentation of cases.

Train the Young Trainer (TTYT) by School of Leadership

- Fundamentals of training from basic to pro.
- How to manage your skills as a trainer.
- Audience handling.
- Content generation
- Leadership skills.

School counselor

- New Friends' school Chung Lahore.
- Afaq school and collage Chung.
- The learning school Kot Radha Kishan.
- Ghulam Muhammad Arshad Nasir school Nadirabad Lahore.

Renaissance Center of Consultancy

- Chief creative officer
- Young Trainer
- Pharma facilitator for Pharma PICSE.
- Teachers training
- General public sessions

Research projects

- Effect of inter parental violence on mental health of children.
- Factors leading to suicidal ideation and suicidal behavior in young adults.

Honors and awards

- Winner of model making competition at PIMH on mental health week 2013.
- Winner of CMYMC painting competition 2014.
- Awarded in psychological skit at COMSATs on mental health week 2015.
- Winner of street art competition Lahore 2015.
- Winner of poster competition, canvas of mental health, at WPA Thematic congress 2022.

Seminars and workshops

- Attended two-day workshop on hypnosis and neuro-linguistic programming with Dr. Oscan Hassan at university of Sargodha, Lahore campus.
- One day workshop on hypnotism and neurolinguistic programming.
- Participated in different activities (including psychological assessment, organizing mental health week, several workshops on clinical assessment and treatment).
- WPA thematic congress 2022

Computer skills

- Good command of use of MS office tools.
- Graphic designing tools particularly adobe.
- Video editing skills.
- Good at digital illustrations.